



# SEMINOLE SCIENCE September Menu

**COST:**

**Breakfast \$1.75**  
**Elementary Lunch \$3.50**  
**Middle Lunch \$3.75**

Apply for Meal Benefits for free and reduced-priced meals at: [SCPSmealapp.com](http://SCPSmealapp.com)

## BREAKFAST

All Meals Are Served With an Entrée, Fruit, 100% Fruit Juice and Milk.

= This Contains Pork

<b>MONDAY</b> Pillsbury Mini Bagels®	<b>TUESDAY</b> French Toast BenefIT® Bar	<b>WEDNESDAY</b> Blueberry Muffin & Cheese Stick	<b>THURSDAY</b> Oatmeal Chocolate Chip BenefIT® Bar	<b>FRIDAY</b> Cinnamon Toast Crunch™ & Cheese Stick
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## LUNCH

All Meals Include An Entrée, Fruit, Veggies and/or Milk.  
*Vegetarian option available daily*

@RedAppleDining

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>100% All Beef Hot Dog</b> <sup>1</sup> Baked Beans <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Crackers <b>Turkey &amp; Cheese Sandwich</b>	<b>Chicken Sandwich</b> <sup>2</sup> Carrots <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Crackers <b>Pizza Lunchedible</b>
<b>Special Treat</b>				
<b>LABOR DAY</b> <sup>5</sup>	<b>Orange Chicken</b> <sup>6</sup> Rice & Green Beans <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Pretzels <b>Turkey &amp; Cheese Sandwich</b>	<b>Oven Fresh Pizza (Cheese or Pepperoni)</b> <sup>7</sup> Broccoli <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Pretzels <b>Turkey Chef Salad</b> Goldfish® Pretzels	<b>Boneless Wings</b> <sup>8</sup> Baked Beans & Biscuit <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Pretzels <b>Turkey &amp; Cheese Sandwich</b>	<b>Maple Waffles</b> <sup>9</sup> Warm Fruit Topping, Sausage & Home Fries <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Pretzels <b>Turkey-Ham Chef Salad</b> Goldfish® Pretzels
<b>Chicken Nuggets</b> <sup>12</sup> Corn & Dinner Roll <b>Smuckers® Uncrustables®</b> Cheese Stick & Cheez-It® Crackers <b>Egg &amp; Cheese Chef Salad</b> Cheez-It® Crackers	<b>Soft Taco with Toppings</b> <sup>13</sup> Black Beans <b>Smuckers® Uncrustables®</b> Cheese Stick & Cheez-It® Crackers <b>Turkey &amp; Cheese Sandwich</b>	<b>Oven Fresh Pizza (Cheese or Pepperoni)</b> <sup>14</sup> Broccoli <b>Smuckers® Uncrustables®</b> Cheese Stick & Cheez-It® Crackers <b>Turkey Chef Salad</b> Cheez-It® Crackers	<b>100% All Beef Hot Dog</b> <sup>15</sup> Baked Beans <b>Smuckers® Uncrustables®</b> Cheese Stick & Cheez-It® Crackers <b>Turkey &amp; Cheese Sandwich</b>	<b>Chicken Sandwich</b> <sup>16</sup> Carrots <b>Smuckers® Uncrustables®</b> Cheese Stick & Cheez-It® Crackers <b>Pizza Lunchedible</b>
<b>Special Treat</b>				
<b>Chicken Nuggets</b> <sup>19</sup> Corn & Dinner Roll <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Crackers <b>Egg &amp; Cheese Chef Salad</b> Goldfish® Crackers	<b>100% All Beef Hamburger or Cheeseburger</b> <sup>20</sup> Green Beans <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Crackers <b>Turkey &amp; Cheese Sandwich</b>	<b>Oven Fresh Pizza (Cheese or Pepperoni)</b> <sup>21</sup> Broccoli <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Crackers <b>Turkey Chef Salad</b> Goldfish® Crackers	<b>Boneless Wings</b> <sup>22</sup> Baked Beans & Biscuit <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Crackers <b>Turkey &amp; Cheese Sandwich</b>	<b>Maple Waffles</b> <sup>23</sup> Warm Fruit Topping, Sausage & Home Fries <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Crackers <b>Turkey-Ham Chef Salad</b> Goldfish® Crackers
<b>Chicken Nuggets</b> <sup>26</sup> Corn & Dinner Roll <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Pretzels <b>Egg &amp; Cheese Chef Salad</b> Goldfish® Pretzels	<b>Orange Chicken</b> <sup>27</sup> Rice & Green Beans <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Pretzels <b>Turkey &amp; Cheese Sandwich</b>	<b>Oven Fresh Pizza (Cheese or Pepperoni)</b> <sup>28</sup> Broccoli <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Pretzels <b>Turkey Chef Salad</b> Goldfish® Pretzels	<b>100% All Beef Hot Dog</b> <sup>29</sup> Baked Beans <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Pretzels <b>Turkey &amp; Cheese Sandwich</b>	<b>Chicken Sandwich</b> <sup>30</sup> Carrots <b>Smuckers® Uncrustables®</b> Cheese Stick & Goldfish® Pretzels <b>Pizza Lunchedible</b>

Due to limited product availability, some items may be temporarily unavailable.  
This institution is an equal opportunity provider.

Menu is subject to change.